

## Comprehensive Spine and Joint Services

### Spine Care

- Management of
  - back and neck pain
  - spinal stenosis
  - neurogenic claudication
- Minimally invasive surgery for herniated discs

### Joint Replacement

- Hip replacement
- Knee replacement

### Non-Operative Management of Arthritis

### On-Site Neuroradiology & Pain Management Services

- IDET
- Epidural blocks

### General Orthopaedics

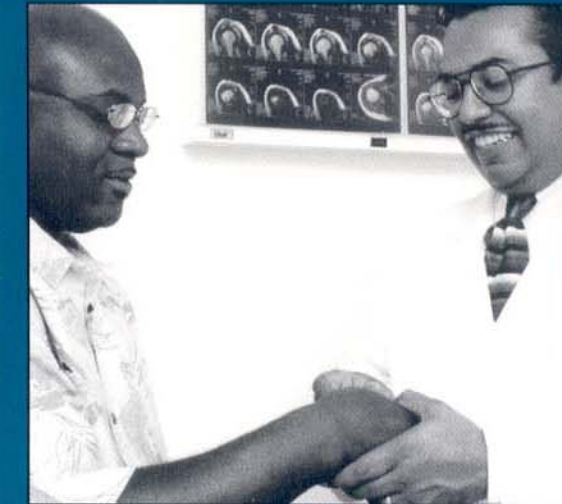
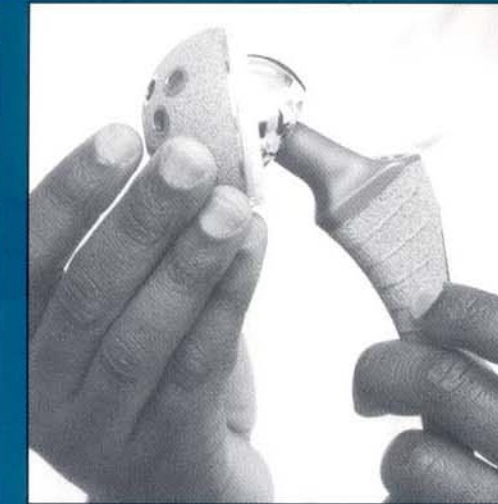
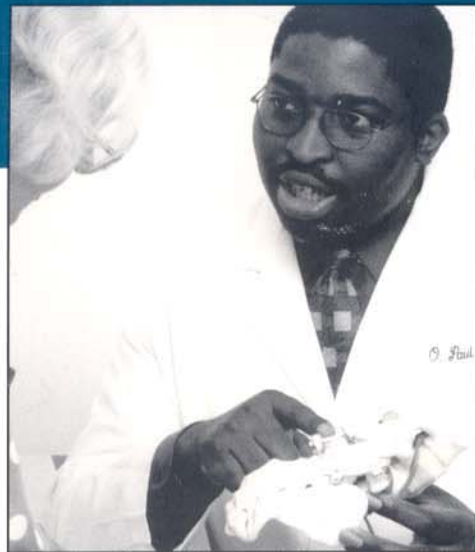
- Fracture care
- Sports medicine
- Hand surgery

### Physical Medicine & Rehabilitation

- Physical therapy
- Occupational therapy
- EMG/Nerve test
- Acupuncture
- Work hardening

Office hours Monday through Friday 8 AM to 6 PM.

**Additional walk-in hours from 5 PM to 8 PM on  
Thursdays with no appointment necessary.**



## THE SPINE & JOINT CENTER BOWIE HEALTH CAMPUS

Uchenna R. Nwaneri, M.D.  
*Joint Replacement*

Ricardo O. Pyfrom, M.D.  
*Hand Surgery/General Orthopaedics*

Olumuyiwa A. Paul, M.D.  
*Spine Surgery*

Lysa M. Charles, M.D.  
*Sports Medicine/General Orthopaedics*

THE SPINE & JOINT CENTER  
BOWIE HEALTH CAMPUS

**(301)860-1900**

14999 Health Center Drive, Suite 101  
Bowie, MD 20716  
Phone: (301)860-1900 • Fax: (301)860-1909  
[www.ortho.net](http://www.ortho.net)