



5K Run & Walk

Saturday, October 25, 2003

8:00 a.m.

Crofton Country Club

Crofton, Maryland

Honorary Chairman

Mark Rypien

Former Washington Redskins Quarterback
and Super Bowl XXVI MVP

www.amysrun.org

Childhood Brain Tumor Foundation
c/o Amy's Run 5K
20312 Watkins Meadow Drive
Germantown, MD 20876

Non-Profit Org.
U.S. Postage
PAID
Suburban, MD
Permit No. 1157

Waiver Must Be Read and Signed Before Mailing: I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to the risk of injury, the aggravation of pre-existing health problems whether known or unknown, falls, contact with other participants, the effects of the weather, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of my accepting my entry, I, for myself and anyone entitled to act on my behalf, waive, release and discharge the organizers of Amy's Run, Childhood Brain Tumor Foundation, the Crofton Country Club, the town of Crofton, the Annapolis Striders, and all other sponsors, their representatives and successors from all claims, demands, injuries, damages, actions, courses of action, or liabilities of any kind arising out of my participation in this event even though that liability may arise out of the negligence or carelessness of the persons named in this waiver. Parents who register their minor children agree to be bound, individually and on their children's behalf, by the above terms and agree to indemnify all parties listed above for any damages incurred or judgments obtained by their minor child against any and all of the parties listed above. I understand I may not run with headphones, a dog, or a baby stroller. Further, I grant permission to all of the foregoing to use free of charge any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Entry Fee: \$15 by 10/18 \$20 after 10/18 (and on race day)
Additional Donation to the Childhood Brain Tumor Foundation: \$ \$ \$
Total Payment: \$ \$ \$

Registration Form:

Last Name: _____ MI: _____
 Address: _____
 City: _____ State: _____ Zip Code: _____
 Phone: _____ E-Mail: _____
 Date of Birth: _____ Age on race date: _____ Gender: M F
 Shirt Size: M L XL

Signature _____ Date _____ Parent's Signature if under 18 _____

About Amy

Amy Danielle Schiller was a sweet, intelligent, fun-loving little girl who waged a valiant battle with brain cancer. She was born on October 25, 1996, and by the time she was 18 months old, Amy could talk in complete sentences.



But less than a month later, she became overly drowsy at unusual times. Within days, Amy was diagnosed with an extremely aggressive and rare cancer — Atypical Teratoid Brain Tumor. Amy courageously endured multiple surgeries, chemotherapy, radiation, and stereotactic radiosurgery, but the cancer continued to grow. On September 11, 1999, one month shy of her third birthday, Amy died at home. She was surrounded by her mother, father, and sister.

Amy fought the horrendous disease with every ounce of strength in her small body. Although she lost her battle with cancer, Amy's brave struggle left an indelible impression on the many people who knew and loved her. She taught them lessons about life that will remain with them forever.

Amy would be so proud of her family and friends for creating Amy's Run to raise money for the Childhood Brain Tumor Foundation. She would want to help put an end to this terrible disease. And knowing Amy's competitive nature, she'll be the first to cross the finish line in the race that bears her name.

Childhood Brain Tumor Foundation:

All proceeds from the race will benefit the Childhood Brain Tumor Foundation. CBTF was founded by families, friends and physicians of children with brain tumors. The Foundation's mission is to raise funds for scientific research and to heighten public awareness of this most devastating disease, and to improve the prognosis and quality of life for those who are affected.

Race Details

Course: The race starts and ends at the Crofton Country Club. The course is relatively flat with a few rolling hills in the first two miles and a fast finish. The course covers the entire Crofton Parkway in a clockwise direction. There are water stops at the halfway point and at the finish line. Bagels and fruit are also available at the finish line. Split times will be announced at the mile 1 and mile 2 markers. No headphones or skates are allowed. Strollers can only be pushed by walkers. Walkers with strollers must start after everyone else crosses the starting line.

Race Premium: The first 500 registered runners and walkers will receive a long-sleeved t-shirt with the race logo.

Awards: Premium awards will be given to the top male and female finishers. Awards will also be given to the top three male and female finishers in the following age groups: 12 and younger, 13-19, 20-29, 30-39, 40-49, 50-59, 60 and older.

Random Prizes: Area corporations, sports teams, restaurants, and retailers have donated prizes for this event. Prizes will be randomly drawn from bib numbers of the 5K Run/Walk participants. Winners must be present to claim prizes.

Packet Pick-up: Packets, t-shirts, and bib numbers can be picked up Friday, October 24 between the hours of 4:00 p.m. - 8:00 p.m. at the Gold's Gym in Crofton (1625 Crofton Centre, Crofton, MD 21114). Race numbers and premiums are also available for pick-up on race day between 6:15 a.m. - 7:45 a.m. All packets must be picked up prior to the start of the race. Race packets will not be mailed or held for individuals.

Registration: Register early and save! The entry fee is \$15 until 10/18/03 and \$20 from 10/19/03 until race day. Register using this entry form or online at www.amysrun.org

Results: Race results will be made available immediately following the race on the race website. The results will also be posted on www.run-washington.com and www.racepacket.com.

Kids' Fun Run: There will be a free Kids' Fun Run starting at 8:05 a.m. for the first 50 children (ages 5-11) who register. The distance is 0.2 mile. Registration will take place for the Kids' Fun Run from 7:00 - 7:45. Free prizes will be given to all participants. A parent or legal guardian must sign the waiver form, and must be present in order for the child to participate.

Crofton Country Club: The Crofton Country Club has generously allowed use of its parking lot as a staging area for the race. Portable toilets will be available at the race. The Crofton Country Club bathrooms and other facilities are strictly off limits on race day.

Volunteers: Additional volunteers are needed to make this race a success. Anyone wishing to volunteer should call 301-858-0908.

Additional Information: Washington Redskins Cheerleaders will cheer runners to the finish line, and Bowie Baysox mascot, Louie, will also be present. Additional information can be found on the race website, www.amysrun.org, or by calling the race director, Rob Schiller, at 301-858-0908.

Directions: The race will start and finish at the Crofton Country Club, 1691 Crofton Parkway, Crofton, MD 21114. Go to www.amysrun.org for directions.

To register online,
visit our website at
www.amysrun.org.